



CHANGE

YOUR

NARRATIVE

2024 ANNUAL REPORT

July 1, 2023 - June 30, 2024

cyngrayslake.org

A MESSAGE FROM LEADERSHIP



Gail Weil
Executive Director



Belinda Jervis
Board President

Dear Friends,

As we reflect on nearly five decades of service, we are filled with gratitude for the remarkable journey we've shared with our community. Through challenges and triumphs, we've stood together, rewriting the narrative around mental health with resilience and determination. Our partnerships have strengthened, our programs have expanded, and our services have evolved to meet the changing needs of those we serve.

In the past year, CYN Counseling Center has continued to grow in both size and impact. Our in-house and school-based psychotherapy and services have supported thousands of children, teens, adults, and families—offering them the opportunity to change their own narratives and build healthier futures. We've expanded our school-based mental health programs, deepened collaborations with local schools, and launched new initiatives to better reach families in need. Our Nurturing Families Program now serves more parents than ever, with facilitators recognized nationally for their success. We've also forged new partnerships to support clients facing substance use challenges and added new therapists to better serve our diverse communities.

Behind this growth is our unwavering commitment to CYN's core goals: expanding access to comprehensive mental health services, strengthening wellness through counseling and prevention, reducing unnecessary system involvement for youth and families, and building strong, collaborative partnerships that empower individuals to change their narrative and create healthier communities.

As the need for mental health support continues to rise, we are deeply grateful for each of you who walk this path with us. Together, we are building a future where every person has the chance to rewrite their story, break down barriers, and find healing within reach.

Thank you for your continued support, encouragement, and belief in this mission.

With gratitude,

Gail Belinda

OUR PROGRAMS AND SERVICES

CYN Counseling Center offers a full range of mental health services and family programs designed to meet individuals and families where they are—at school, at home, in the community, or in our office—making care accessible, responsive, and community-centered.



Counseling and Therapy

Individual, couple, family, and group psychotherapy for children, adolescents, and adults. Services are available in English and Spanish, with play therapy for younger children and experiential therapy for teens.

School-Based Services

Providing therapy, social-emotional learning, restorative practices, and crisis intervention in 20 schools across Lake County, helping students access care without barriers.



Intact Family Services

Supporting families involved with DCFS investigations to stabilize home environments and prevent deeper system involvement, helping keep children safe at home with their families.



Nurturing Families Program

Evidence-based parenting education in English and Spanish across Lake, DuPage, Kane, and McHenry counties, helping parents and caregivers build skills to strengthen family relationships.




Therapeutic Mentoring

Matching justice-involved youth and those affected by substance use with professional mentors who support personal growth, educational progress, and mental well-being.

Crisis Intervention

Providing 24/7 emergency support, temporary shelter, and follow-up care for youth ages 11–17 who have run away, been locked out, or are at risk of family separation.



OUR IMPACT



**82%
INCREASE**

for our Nurturing Families Program reflecting growing demand for parent support across the region

**72%
INCREASE**



in school-based therapy—supporting their emotional growth and well-being

**88%
of youth in
crisis**



were returned home

**21%
INCREASE**



Number of families served in child abuse prevention program



**12%
INCREASE**

in our therapeutic mentoring program



**1,500+
REACHED**

through community fairs and events across Lake County to expand access and reduce stigma around mental health

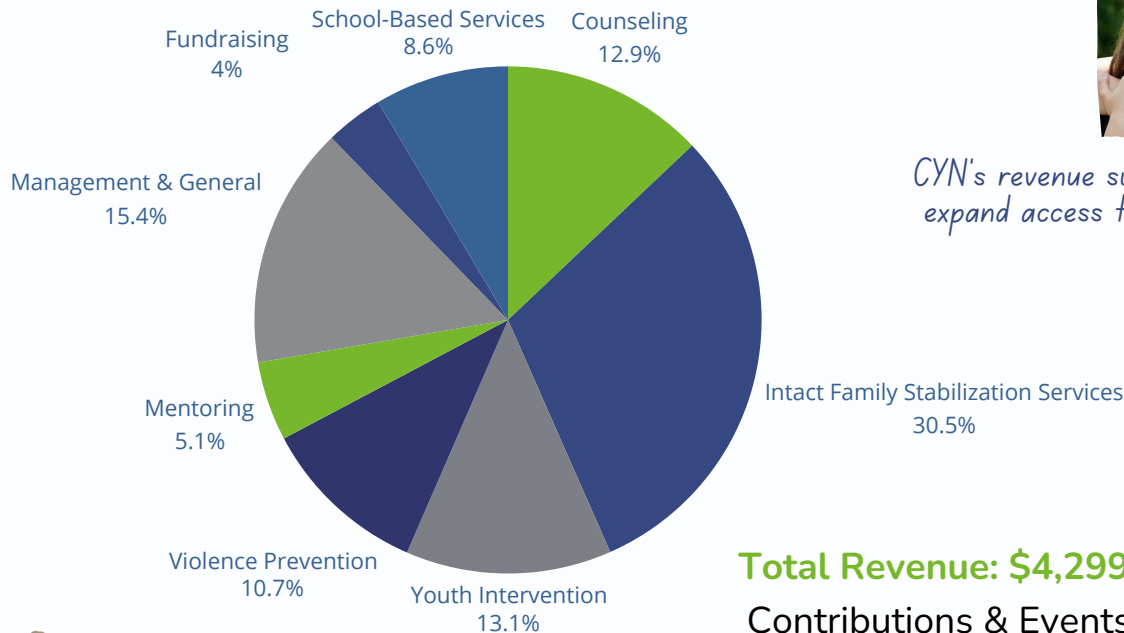


3,180 Individuals Received Mental Health Support

In FY24, thousands of individuals received the therapy and support they needed to build resilience, restore hope, and move forward.

FINANCIALS

Total Expenses: \$4,026,964



CYN's revenue supports our mission to expand access to mental health care.



Total Revenue: \$4,299,437

Contributions & Events:	\$454,590
Fees & Grants from Government Agencies:	\$3,087,112
Program Service Fees:	\$722,439
Other Income:	\$24,897
In-Kind Revenue:	\$10,399

OUR MISSION AND VISION



Our Mission

Our mission is to provide and expand access to comprehensive, quality mental health services while increasing awareness and working to eliminate the stigma of mental health issues.

Our Vision

Our vision is a society where mental wellness is embraced, and all people have access to needed quality mental health resources; are treated with dignity and respect; and receive the support, tools, and services they need to grow and thrive.



THANK YOU TO OUR DONORS

\$50,000+

Gorter Family Foundation
 Healthcare Foundation of Northern
 Lake County
 Julian Grace Foundation
 Schreiber Philanthropy
 Willow Springs Charitable Trust

\$25,000-\$49,999

The Grainger Foundation

\$10,000-\$24,999

Anonymous
 Ed & Marne Holstein Charitable Fund
 Quattro BBS
 Smith Tieken Foundation

\$1,000-\$9,999

Abbvie
 Advocate Good Shepherd Hospital
 Advocate Sherman Hospital | Condell
 Medical Center
 Carolyn and John Borta
 Susan Buttler
 Cardinal Health
 Caring Women's Connection
 City of Hope
 Clinical Counseling, LLC
 Sheila Connelly
 Consumers Co-Op Association
 Phyllis and Henry Cretors Foundation
 Christopher Egger
 The George M. Eisenberg Foundation
 Belinda Jervis
 Omar Kazi
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 The Kurt Peterson Foundation
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 The Sarowitz Family Fund at the
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 Louie Sharp
 Richelle and Vincent Shorter
 Lauren and Brit Videbeck
 Gail Weil
 Rachel Weisberger

\$500-\$999

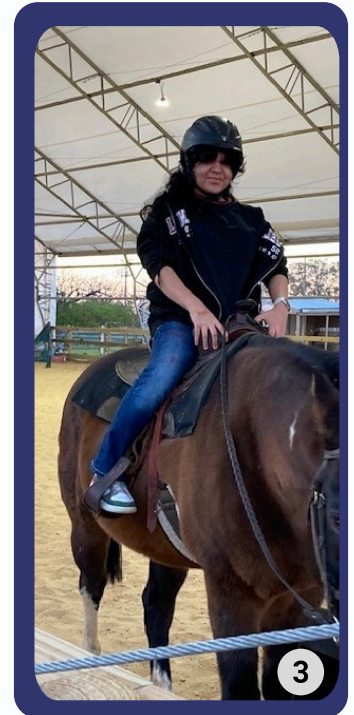
Emily and Jeff Barry
 Madeline Blanton
 Robert Borta
 Mary Lou Brady
 Terry Campos
 Maurizio Facheris
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 Laurel and James Jacobus
 Dr. Rita Jain
 Linda and Thomas Keller
 Kristal Larson
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 Church
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 Jason Stephens

< \$499

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 ALEC
 Carol Baker
 Mary and Keith Bear
 Linda Bernardi
 Caryn Borgetti
 Alex Borrego
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 Yolanda Bryant
 Jodye Callaway
 Anthony Cannon
 Cesar Carranza
 Courtney Curry
 Irving Danneil
 Donna and Rick Delisle
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 Diaz-Dixon
 Beverly Dixon
 Rep. Mary Edly-Allen
 Exchange Club of Grayslake
 Alyson Feiger
 Jennifer and Patrick Flatley
 Robert E. Frank
 Linda Folan
 Friends of Judge Mike Nerheim
 Lauren Beth Gash
 Tracey Gasparian
 Lora Georgieva

Grayslake Orthodontics
 Grayslake Rotary Club
 Dirk Harris
 Mary Ellen Hesse
 Richard Hickman
 George Holtz
 Holy Cross Lutheran Church
 Catherine Itter
 Ron Jenczewski
 Blake-Anthony Johnson
 Margaret Koeck
 Diane Krumm
 Samantha Lay
 Diane Lichner
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 Jen Powles
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 Jessica Rodriguez
 Peter Sajovec
 Jennifer Shay
 Donna Smith
 Kathryn Somers
 Roxanne Steinhoff
 Pete Sterenberg
 Kenneth Strom
 Zion Studivant
 Lou Walsh
 Glenn Watt
 Adam Weil
 Mike Wesclitz
 Amy Westbay
 Sandy and Bill Wignot
 Wildwood Presbyterian Church
 Vernetta Williams
 Jennifer Witherspoon
 Robyn Woods

YEAR IN PICTURES



1) CYN Therapeutic Mentor, Jeremy Archer, Program Director, Jill Novacek and Senator Dick Durbin at the National Mentor Conference in Washington, D.C. 2) Gail Weil, Christopher Egger, and CYN Office Manager, Terry Campos 3) A participant in our Growing Resilient Teens program at the farm 4) Community smiles, creative vibes, and conversations that matter—just another awesome day with Team CYN! 5) All staff retreat at Susanna Farms 6) Board member, Courtney Curry with donors Jenny Pertiller and Beverly Dixon 7) Board member, Rachel Weisberger 8) Holiday gift givers 9) Fist bumps and good vibes at our Donor Appreciation Night

SUPPORT MENTAL HEALTH IN OUR COMMUNITY

Make a Gift: Your donation helps provide life-changing mental health services to children, teens, adults, and families—many of whom cannot afford care elsewhere. Every gift makes an impact. Give today at cyngrayslake.org/donate or scan the QR code below.

Become a Corporate Sponsor: Partner with us to support community mental health, demonstrate your commitment to equity, and gain visibility through event sponsorship, volunteer opportunities, or custom collaborations. Learn more by emailing janetg@cyngrayslake.org.



"Sometimes I felt like I had to take care of everything at home, even though I'm just a kid. I used to get stomach aches a lot but didn't know it was from being so worried. At CYN, I can talk about stuff I usually keep inside. It helps me feel a little better."

Executive Committee

President: Belinda Jervis, Hightower Consulting
Treasurer: Ken Strom, Lakeland Development

Vice President: Susan Buttler, SB Clinical Consulting
Secretary: Lori Rountree, Clinical Operations (Retired)

Board Members

Courtney Curry, Lake County
Regional Office of Education
Kurt Peterson, WIPFLI
Suzanne Martinez, Advocate Condell

Rachel Weisberger, AbbVie
Brit Videbeck, Away
Jennifer Witherspoon, Witherspoon Legal
Rep. Rita Mayfield, Honorary Member

Executive Leadership

Gail Weil, Executive Director
Jill Novacek, Program Director

Hunter Nelson, Clinical Director
Janet Gow, Director of Development

*Current board and executive team shown;
positions may differ from FY24.*



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